## TYPE OF REPORTING INSTITUTIONS

- **Four-Year** – 80% (131)
- **Public** - 64% (105)
- **Private** - 35% (57)
- **Liberal Arts** - 34% (55)
- **Research** - 28% (45)
- **Religious** - 9% (15)
- **Secular** - 10% (17)
- **Two-Year** - 6% (9)
- **Other*** - 4% (7)

---

67 Advantage schools and 96 Associate schools completed the survey

91% of all Break Away Chapter Schools with programs

---

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection

*Historically Black College/University (HBCU); Urban Serving; STEM; Not-for-Profit; Women’s Institution; Urban, Commuter; Includes Medical Campus.*
AGE OF ALTERNATIVE BREAK PROGRAMS

<table>
<thead>
<tr>
<th>Duration</th>
<th>Number of Schools*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-5 Years</td>
<td>37</td>
</tr>
<tr>
<td>6-10 Years</td>
<td>49</td>
</tr>
<tr>
<td>11-15 Years</td>
<td>29</td>
</tr>
<tr>
<td>16-20 Years</td>
<td>18</td>
</tr>
<tr>
<td>21-25 Years</td>
<td>14</td>
</tr>
<tr>
<td>25+ Years</td>
<td>9</td>
</tr>
</tbody>
</table>

*7 institutions indicated that they were unsure.
A SNAPSHOT OF THE MOVEMENT

- 3,100 Site Leaders
- 717 Student Executive Board Members
- 19,966 Participants
- 1,229,903 Estimated Hours of Direct Service
- 1,837 Total Trips
- 2,593 Community Partners

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection
ALTERNATIVE BREAKS IN 2014 - 2015

1,837 total

International | 247 Trips
• Spring | 111 Trips
• Summer | 61 Trips
• Fall | 3 Trips
• Winter | 72 Trips

Domestic | 1,590 Trips
• Spring | 920 Trips
• Summer | 87 Trips
• Fall | 182 Trips
• Winter | 240 Trips
• Weekend | 161 Trips

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection
## TOTAL TRIPS

### Median
- 6 Trips

### Mode
- 4 Trips

### Mean
- 11.38 Trips

<table>
<thead>
<tr>
<th>Number of Trips</th>
<th>Number of Schools*</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 – 5</td>
<td>72</td>
<td>45.9%</td>
</tr>
<tr>
<td>6 – 10</td>
<td>34</td>
<td>21.7%</td>
</tr>
<tr>
<td>11 – 15</td>
<td>19</td>
<td>12.1%</td>
</tr>
<tr>
<td>16 – 20</td>
<td>10</td>
<td>6.4%</td>
</tr>
<tr>
<td>21 – 25</td>
<td>10</td>
<td>6.4%</td>
</tr>
<tr>
<td>25 – 30</td>
<td>2</td>
<td>1.3%</td>
</tr>
<tr>
<td>&gt; 30</td>
<td>10</td>
<td>6.4%</td>
</tr>
</tbody>
</table>

*157 schools reported.
We actively pursue long-term relationships with community partners.

We actively pursue new community partners from year to year.

We strive to have a balance of "return" community partners and new community partners.

COMMUNITY PARTNERSHIPS

Average percentage of “return” community partners that programs are working with this academic year: 44%

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection
INNOVATIVE ISSUES & POWERFUL TRIP TITLES

• Bridging the Civil Military Divide: Military Service as Public Service in the 21st Century | Stanford University
• Brightening Communities: Renewable Energy in Low Income Neighborhoods | Michigan State University
• Let’s Talk About Sex: Exploring Gender Misrepresentations in the Mass Media | Rollins College
• Uncovering Racial Identity in Post-Apartheid South Africa: The Colors of the “Rainbow Nation” | American University
• Asian Americans: A Closer Look at the "Model Minority" Myth | Princeton University
• Unchaining Opportunity: The Intersection of Incarceration and Social Justice | College of William & Mary
• Between Two Worlds: Exploring Navajo Nation, Cultural Continuity, and Legacy | Sonoma State University
• Creativity in Curriculum: The Importance of Art in Education | University of Iowa
• Cash, Coal and Culture: Appalachian Communities in Harlan, Kentucky | University of Maryland
## PARTICIPANTS

### Total number of Participants: 19,966

Average number of Participants per trip: 11.77

<table>
<thead>
<tr>
<th>Number of Participants</th>
<th>Number of Schools*</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 – 20</td>
<td>17</td>
<td>10.6%</td>
</tr>
<tr>
<td>21 – 40</td>
<td>39</td>
<td>24.2%</td>
</tr>
<tr>
<td>41 – 60</td>
<td>16</td>
<td>9.9%</td>
</tr>
<tr>
<td>61 – 80</td>
<td>19</td>
<td>11.8%</td>
</tr>
<tr>
<td>81 – 100</td>
<td>17</td>
<td>10.6%</td>
</tr>
<tr>
<td>101 – 150</td>
<td>14</td>
<td>8.7%</td>
</tr>
<tr>
<td>151 – 200</td>
<td>10</td>
<td>6.2%</td>
</tr>
<tr>
<td>201 – 300</td>
<td>16</td>
<td>9.9%</td>
</tr>
<tr>
<td>301+</td>
<td>12</td>
<td>7.5%</td>
</tr>
</tbody>
</table>

*2 schools left this question unanswered.
### Participant Breakdown

<table>
<thead>
<tr>
<th>Participants</th>
<th>Participant Average</th>
<th>Total Participants*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshman</td>
<td>23.45</td>
<td>3,658</td>
</tr>
<tr>
<td>Sophomore</td>
<td>29.11</td>
<td>4,541</td>
</tr>
<tr>
<td>Junior</td>
<td>29.18</td>
<td>4,377</td>
</tr>
<tr>
<td>Senior</td>
<td>23.21</td>
<td>3,482</td>
</tr>
<tr>
<td>Graduate</td>
<td>3.56</td>
<td>381</td>
</tr>
<tr>
<td>Staff/Faculty</td>
<td>6.48</td>
<td>888</td>
</tr>
</tbody>
</table>

*2 schools left this question unanswered.

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection
## SELECTIONS PROCESSES

- **Application only**
  - 43%
- **Written application, personal interview**
  - 27%
- **Sign up: first come, first served**
  - 10%
- **Other***
  - 10%
- **Written application, group interview**
  - 8%
- **Lottery system (random drawing)**
  - 3%

*Typically indicated as a mix of the listed selections processes. Some processes included course registration, committee reviews, in-person interviews, and systems for prioritizing applicants (e.g. first-time participants).

### 65% of schools offer full or partial scholarships to students interested in going on an alternative break.
Is the program student-led?

- **7.4%** Yes, Completely.
- **41.4%** For the most part. We have staff who serve certain roles, but it’s mostly student-led.
- **24%** Split pretty evenly between student and staff leadership.
- **27.2%** Almost completely staff-led.

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection
STUDENT LEADERSHIP

Are trips student-led?

- Yes, Completely. 29%
- For the most part. We have staff who serve certain roles, but it’s mostly student-led. 46.9%
- Split pretty evenly between student and staff leadership. 14.2%
- Almost completely staff-led. 9.8%

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection
### SITE LEADERS

Total number of Site Leaders: **3,100**

<table>
<thead>
<tr>
<th>Site Leaders</th>
<th>Number of Schools*</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 – 5</td>
<td>45</td>
<td>28.3%</td>
</tr>
<tr>
<td>6 – 10</td>
<td>37</td>
<td>23.3%</td>
</tr>
<tr>
<td>11 – 20</td>
<td>22</td>
<td>13.8%</td>
</tr>
<tr>
<td>21 – 30</td>
<td>18</td>
<td>11.3%</td>
</tr>
<tr>
<td>31 – 40</td>
<td>11</td>
<td>6.9%</td>
</tr>
<tr>
<td>41 – 50</td>
<td>5</td>
<td>3.1%</td>
</tr>
<tr>
<td>51 – 100</td>
<td>9</td>
<td>5.7%</td>
</tr>
<tr>
<td>101+</td>
<td>3</td>
<td>1.9%</td>
</tr>
</tbody>
</table>

*10 schools left this question unanswered or reported zero Site Leaders.
**How much time does the main staff advisor dedicate to the program?**

<table>
<thead>
<tr>
<th>Hours Worked*</th>
<th>Number of Schools</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 – 10 Hours</td>
<td>62</td>
<td>38.0%</td>
</tr>
<tr>
<td>11 – 20 Hours (Part-Time)</td>
<td>45</td>
<td>27.6%</td>
</tr>
<tr>
<td>21 – 30 Hours</td>
<td>24</td>
<td>14.7%</td>
</tr>
<tr>
<td>31 – 40 Hours (Full-Time)</td>
<td>17</td>
<td>10.4%</td>
</tr>
</tbody>
</table>

*15 schools indicated that they do not currently have a dedicated staff/faculty advisor.
**ALTERNATIVE BREAK STAFF & FACULTY**

*Are faculty/staff required on trips?*

<table>
<thead>
<tr>
<th>Response</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>67.9%</td>
</tr>
<tr>
<td>No</td>
<td>19.5%</td>
</tr>
<tr>
<td>Not required, but encouraged.</td>
<td>5.0%</td>
</tr>
<tr>
<td>Some trips, but not all.</td>
<td>7.5%</td>
</tr>
</tbody>
</table>

*4 schools left this question unanswered.*
How are they utilized on alternative break trips?*

- Crisis Management/Emergency: alcohol, personal safety 89.4%
- Van Drivers 70.4%
- Money Handlers 66.9%
- Learning Partners/Issue-Specific Educators 42.3%
- Full Participants – no extra or special responsibilities 34.5%
- Reflection Facilitators 31.0%
- Logistics 35.9%
- Trip Leaders (with help of student co-leader) 24.7%

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection

*24 schools selected “other” as an option and described staff serving support roles, taking on some logistic responsibilities, doing site visits, or that it depended on the trip.
# Alternative Break Housing

- Religious/Spiritual Building: 34%
- On-Site Volunteer Housing (provided by Community Partner): 21%
- Hostel: 11%
- Community Center (YMCA, AmeriCorps bldg, etc.): 9%
- Hotel: 9%
- Campground: 5%
- Private Homes (family, friends, alumni, etc.): 5%
- Homestay (*not* family, friends, alumni, etc.): 3%
- Vacation Rental Homes (airbnb.com, etc.): 2%
- Other*: 1%

*Several schools indicated using on-campus housing for local trips.*
**ALTERNATIVE BREAK HOUSING**

*Most Expensive* Housing Cost (per night/per participant)

- $1 – 5 : 2.5%
- $6 – 10 : 3.2%
- $11 – 15 : 8.2%
- $16 – 20 : 10.8%
- $21 – 25 : 13.9%
- $26 – 30 : 12.7%
- $30+ : 39.2%

**Least Expensive** Housing Cost (per night/per participant)

- $1 – 5 : 27.9%
- $6 – 10 : 17.1%
- $11 – 15 : 13.3%
- $16 – 20 : 10.1%
- $21 – 25 : 4.4%
- $26 – 30 : 2.5%
- $30+ : 5.7%

- Approximately **$1,165,174.36** was spent on housing for alternative breaks during the 2014 – 2015 school year.
- 413 trips were housed at zero cost* to the alternative break program this year.
- Several schools indicated a commitment to giving donations to Housing Partners.

2014 – 2015 National Chapter Survey

*Break Away: The Alternative Break Connection*

**128 schools reporting.**
Average Advertised Cost of Domestic Driving Trips | $253
Average True Cost of Domestic Driving Trips | $392

Average Advertised Cost of Domestic Flying Trips | $532
Average True Cost of Domestic Flying Trips | $932

Average Advertised Cost of International Trips | $1395
Average True Cost of International Trips | $1556
**Program Funding Breakdown**

- Office Budget (granted through the center that houses the program) 62.1%
- Participant Fees (out-of-pocket deposits due with application) 50.6%
- Student Government 23.6%
- Participant Fundraising (programs, events, campaigns) 18.1%
- University Administration (Office of the President, etc.) 7.9%
- Grants 6.6%
- University Endowment 3.5%
- Local Businesses 1.9%
- Corporate Donations 1.7%

*Institutions were asked to estimate - adding up to 100% - their program's received budget.*
1. Environmental Stewardship
2. Issues related to Homelessness
3. Work with Children and Youth
4. Issues related to systems of Education
5. Hunger and Access to Food
6. Issues of Urban Poverty
7. Access to Affordable Housing
8. Issues related to Health
9. Social Justice and Advocacy work
10. Work focused on Cultural Issues
## HIGHEST PERCENTAGE OF BREAKERS ON CAMPUS

<table>
<thead>
<tr>
<th>Rank</th>
<th>College</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Rollins College</td>
<td>14.23%</td>
</tr>
<tr>
<td>2</td>
<td>Buena Vista University</td>
<td>11.61%</td>
</tr>
<tr>
<td>3</td>
<td>Cornell College</td>
<td>11.02%</td>
</tr>
<tr>
<td>4</td>
<td>Warren Wilson College</td>
<td>10.35%</td>
</tr>
<tr>
<td>5</td>
<td>Alma College</td>
<td>9.24%</td>
</tr>
<tr>
<td>6</td>
<td>Rice University</td>
<td>8.60%</td>
</tr>
<tr>
<td>7</td>
<td>Gettysburg College</td>
<td>7.86%</td>
</tr>
<tr>
<td>8</td>
<td>Vanderbilt University</td>
<td>6.83%</td>
</tr>
<tr>
<td>9</td>
<td>St. Norbert College</td>
<td>6.57%</td>
</tr>
<tr>
<td>10</td>
<td>Elon University</td>
<td>6.25%</td>
</tr>
</tbody>
</table>

**2014 – 2015 National Chapter Survey**

*Break Away: The Alternative Break Connection*
<table>
<thead>
<tr>
<th>University Name</th>
<th># of Participants</th>
<th># of Trips</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of Missouri</td>
<td>1,469</td>
<td>129</td>
</tr>
<tr>
<td>The Ohio State University</td>
<td>1,200</td>
<td>85</td>
</tr>
<tr>
<td>Central Michigan University</td>
<td>641</td>
<td>55</td>
</tr>
<tr>
<td>University of Connecticut</td>
<td>624</td>
<td>30</td>
</tr>
<tr>
<td>James Madison University</td>
<td>619</td>
<td>49</td>
</tr>
<tr>
<td>Vanderbilt University</td>
<td>467</td>
<td>40</td>
</tr>
<tr>
<td>Florida International University</td>
<td>420</td>
<td>45</td>
</tr>
<tr>
<td>University of Maryland, College Park</td>
<td>420</td>
<td>33</td>
</tr>
<tr>
<td>Northwestern University</td>
<td>400</td>
<td>22</td>
</tr>
<tr>
<td>University of Michigan</td>
<td>356</td>
<td>37</td>
</tr>
</tbody>
</table>
Thank you to all participating institutions:

Agnes Scott College  
Alma College  
Alvernia University  
American University  
Appalachian State University  
Auburn University  
Baldwin Wallace  
Bowdoin College  
Bowling Green State University  
Bridgewater State University  
Buena Vista University  
Butler University  
Cal Poly, San Luis Obispo  
California Lutheran University  
Carroll University  
Central Michigan University  
Claflin University  
Cleveland State University  
Coastal Carolina University  
College of Charleston  
College of William & Mary  
Colorado State University  
Cornell College  
Davenport University  
Davidson College  
Denison University  
Drury University  
East Tennessee State University  
Eastern Kentucky University  
Eastern Michigan University  
Elon University  
Embry-Riddle Aeronautical University  
Emory University  
Florida Atlantic University  
Florida International University  
Florida State University  
George Mason University  
Georgia Southern University  
Georgia State University  
Gettysburg College  
Grand Valley State University  
Greenville Technical College  
Hamline University  
Illinois State University  
Indiana State University  
James Madison University  
Johnson State College  
Juniata College  
Kansas State University  
Keene State College  
Kennesaw State University  
Kenyon College  
La Salle University  
Lafayette College  
Lasell College  
Lock Haven University  
Longwood University  
Loyola Marymount University  
Massachusetts Institute of Technology  
Miami Dade College  
Michigan State University  
Middlebury College  
Millersville University  
Missouri State University  
Missouri University of Science & Technology  
Mitchell College  
Montgomery College  
Mott Community College  
Mount Ida College  
Naropa University  
Nazareth College  
New York University  
Northern Arizona University  
Northern Illinois University  
Northwestern University  
Nova Southeastern University  
Old Dominion University  
Penn State University  
Pierce College  
Princeton University

2014 – 2015 National Chapter Survey  
Break Away: The Alternative Break Connection
THANK YOU TO ALL PARTICIPATING INSTITUTIONS

Ramapo College of New Jersey
Rice University
Rochester Institute of Technology
Rollins College
Rutgers University
Saginaw Valley State University
Salt Lake Community College
Sam Houston State University
Santa Fe College
Snow College
Sonoma State University
Southern Illinois University Edwardsville
Southern Methodist University
Southern New Hampshire University
Southern Utah University
Southwestern University
St. Norbert College
Stanford University
Stephen F. Austin State University
Stony Brook University
SUNY Buffalo State
Texas Tech University
The Ohio State University
The University of Alabama
The University of Arizona
Towson University
Transylvania University
Tulane University
University of Alaska Fairbanks
University of California, San Diego
University of Central Florida
University of Central Oklahoma
University of Colorado Boulder
University of Colorado Denver
University of Connecticut
University of Delaware
University of Florida
University of Idaho
University of Iowa
University of Kentucky
University of Louisville
University of Maine
University of Maryland, College Park
University of Massachusetts Boston
University of Miami
University of Michigan-Ann Arbor
University of Michigan-Dearborn
University of Missouri
University of Nevada, Las Vegas
University of North Alabama
University of North Carolina at Greensboro
University of North Dakota
University of Northern Colorado
University of Oregon
University of South Carolina Beaufort
University of South Carolina Upstate
University of South Dakota
University of South Florida
University of Tampa
University of Tennessee-Knoxville
University of Texas at Dallas
University of Utah
University of Vermont
University of Wisconsin Oshkosh
University of Wisconsin-Stevens Point
University of South Florida St. Petersburg
Utah State University
Utah Valley University
University of Washington Tacoma
University of Wisconsin River-Falls
Vanderbilt University
Virginia Tech
Warren Wilson College
Wartburg College
Washington University in St. Louis
Weber State University
West Chester University
Whitman College
Widener University
Wofford College
Xavier University

2014 – 2015 National Chapter Survey
Break Away: The Alternative Break Connection
WE APPRECIATE YOUR PARTICIPATION IN THE NATIONAL SURVEY.

THANK YOU FOR YOUR DEDICATION TO THE MOVEMENT.